

Water Safety Instructor Self-Assessment

Evaluation of the lesson plan and the students' performance is an important step for both the students' success and your improvement as an instructor.

Directions: To evaluate your lessons, ask yourself these questions immediately after the lesson. The answers to these questions will help you improve the next lesson plan. Analyze all parts of the lesson plan and comment on what changes would have made it more successful.

	Yes or No	Comments
1. Did I have a written block plan and lesson plan?		
2. Did I follow my plan? If not, why not?		
3. Did I modify my plan to meet unexpected challenges or learners' skills?		
4. Did my students spend the majority of time in the water, active, engaged and learning throughout the lesson?		
5. Did the participants have enough time to practice?		
6. Did I choose the right activities for the learners, or were the drills too difficult, too easy or too time consuming?		
7. Did I use my teaching area effectively?		
8. Did I use my co-instructor or aide effectively?		
9. Were the learning activities I used right for the age and skill of my students?		
10. Did I use a variety of methods and equipment to meet the different learning styles of my students?		
11. Did I use an appropriate teaching strategy for each topic or skill?		
12. Did I include a variety of skills in the plan so everyone had some success and still were challenged?		
13. Did the participants improve? How did I know? What did I observe?		
14. What steps could I take to improve my plan?		