Wright State Sports Science Program: Health and Fitness Concentration

Approved Certifications

This list includes certifications currently approved (as of the date in the footer) to fulfill the certification exam requirement for the Sports Science major, Health and Fitness concentration.

If you wish to pursue a certification not on this list, please see Dr. Andrew Froehle to discuss the certification, your reasons for pursuing it, and whether it can be used to meet this requirement.

Dr. Froehle is reachable by phone at 937.775.2962, or by email at andrew.froehle@wright.edu

Clicking on the name of a certification will take you to its website, where you can find specific information on certification benefits, eligibility, costs, exam prep, and other details.

Personal Trainer

Certified Personal Trainer: ACTION-CPT

Certified Personal Trainer: American College of Sports Medicine (ACSM)-CPT

Certified Personal Trainer: American Council on Exercise (ACE)-CPT

Certified Personal Trainer: National Academy of Sports Medicine (NASM)-CPT

Certified Personal Trainer: National Council for Certified Personal Trainers (NCCPT)-CPT

Certified Personal Trainer: National Council on Strength and Fitness (NCSF)-CPT

Certified Personal Trainer: National Exercise Trainers Association (NETA)-CPT

Certified Personal Trainer: National Federation of Professional Trainers (NFPT)-CPT

Certified Personal Trainer: National Strength and Conditioning Association (NSCA)-CPT

Certified Personal Trainer: Personal Training Academy Global (PTA Global)-CPT

Certified Personal Trainer: World Instructor Training Schools (WITS)-CPT

Personal Fitness Trainer: International Fitness Professionals Association (IFPA)-PFT

Personal Fitness Trainer: National Exercise and Sports Trainers Association (NESTA)-PFT

Health Education/Health Coaching

Certified Health Education Specialist: SHAPE America-CHES

Health Coach Certification: American Council on Exercise (ACE)-HCC

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Group Exercise Instructor

Certified Group Exercise Instructor: American College of Sports Medicine (ACSM)-GEI

Certified Group Exercise Instructor: National Exercise Trainers Association (NETA)-GEI

Certified Group Fitness Instructor: Athletics and Fitness Association of America (AFAA)-GFI

Group Fitness Instructor: American Council on Exercise (ACE)-GFI

Strength and Conditioning

<u>Certified Strength and Conditioning Specialist: National Strength and Conditioning Association (NSCA)-CSCS</u>

Certified Strength Coach: National Council on Strength and Fitness (NCSF)-CSC

<u>Strength and Conditioning Coach Certified: Collegiate Strength and Conditioning Coaches</u> <u>Association (CSCCa)-SCCC</u>

<u>Tactical Strength and Conditioning Facilitator: National Strength and Conditioning Association</u> (NSCA)-TSAC-<u>F</u>

Nationally Certified Pilates Teacher: National Pilates Certification Program (NPCP)-NCPT

Medical Exercise and Chronic Disease

Exercise Oncology Instructor: Maple Tree Cancer Alliance (MTCA)-MTEOI

Certified Exercise Physiologist: American College of Sports Medicine (ACSM)-EP

<u>Certified Medical Exercise Specialist: American Council on Exercise (ACE)-CMES</u>

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