



Prospective Career Paths

- Clinical mental health counselor
- Licensed social worker
- Clinical psychologist
- School counselor
- School administrators
- School personnel
- Certified rehabilitation counselor
- Chemical dependency counselor
- Other mental health professionals

TRAUMA-INFORMED COUNSELING CERTIFICATE

Why Wright State University?

Wright State University's graduate Trauma-Informed Counseling Certificate program was created for professional clinical counselors, chemical dependency counselors, clinical social workers, school counselors, and psychologists who treat patients exposed to significant trauma. Your courses will explore different types of interventions, how to rally available community resources, the issues associated with trauma, stress, crisis, and disaster experiences—and the importance of differentiating their characteristics. You will learn to assess and diagnose different types of trauma, including PTSD, using a lifespan perspective. Treatment planning incorporates family, individual, and group interventions, holistic intervention strategies, and recovery supports that include self-help groups. You will also study how trauma impairs neurodevelopment and immune systems.

Why Do We Need Trauma-Informed Counseling?

Trauma has become an all-too-familiar factor in our society and our lives. No one is immune. Trauma can be a single, isolated event or a series of events affecting few or many. Trauma can impact every area and aspect of a person's life. Children and adults exposed to traumatic events may experience a range of emotional and physiological reactions that can last a lifetime.



"Trauma-informed care is needed in this day and age because of the increase of violent acts committed in mass forms. Taking this certificate courses allowed me to understand the impact trauma can have on individuals young and old."

RAMEE LINTON '20

CLINICAL MENTAL HEALTH COUNSELING PROGRAM
MENTAL HEALTH AIDE, XENIA HIGH SCHOOL

Contact Information— Graduate Certificate Director



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Curriculum

The certificate consists of four courses (12 credit hours) emphasizing different types of trauma assessments and interventions. Courses include:

CNL 6210: Crisis Counseling

Introduces you to the background, theory, practice, and needs of crisis intervention within the helping professions.

CNL 9601: Advance Crisis Intervention

Overview of issues associated with trauma, stress, crisis, and disaster experiences and the importance of differentiating their varying characteristics.

CNL 9602: Assessment and Diagnosis of PTSD in Counseling Practice

Overview of trauma theories, assessment, and diagnosis of PTSD in clinical mental health settings.

CNL 7651: Addiction in the K–12 Setting

Overview of addiction and substance-related issues for children and adolescents in the K–12 setting. Emphasis on the school counselor's role in prevention, screening, and responsive services when working with students and/or families impacted by addiction and substance-use disorders.



"Few counseling programs offer such advanced trauma coursework. To not take advantage of it would be to miss out on what makes the Wright State counseling program unique."

GWENDOLYN ASHBY '20

CLINICAL MENTAL HEALTH COUNSELING PROGRAM
INTERN, SOUTH COMMUNITY, DAYTON

WANT TO TOUR THE CAMPUS?

wright.edu/visit

Graduate School
wright.edu/graduate
937-775-2976

