Tips for the Beginning Nursing Student in the Pre-Licensure Program

Welcome to the School of Nursing! You have chosen to embark on a challenging, yet rewarding career! As a professional nurse in training, you must have the tools necessary to learn assessment skills and perform your job.

For your first nursing course, you will be required to purchase the following equipment:

You will need to bring these items with you during lab:

You will need a watch with a second hand for accurate assessment of vital signs.

- You will be learning how/practicing blood pressures, and you will be required to have your own stethoscope and manual blood pressure cuff. Manual blood pressure cuffs can be purchased at a Medical Supply store, as well as at Affordable Uniforms.
- A stethoscope is one of the most important items you will need for nursing.
- Qualities to look for when purchasing a stethoscope:
 - Single tube
 - Bell and diaphragm, a.k.a. double-sided (for both low and high pitched sounds)
 - Attached name tag (you can also purchase this separately)
 - You do not need to spend hundreds of dollars on a stethoscope, but do NOT buy the bargain basement variety—like everything else; you get what you pay for.
- You will need a penlight. You can purchase penlights either in the WSU bookstore or in a uniform store. I would suggest purchasing a penlight that also includes a gauge for pupil measurement.



Students will be required to wear the WSU Nursing Uniform for all clinical experiences and when performing the Physical Exam in the lab. Students are required to purchase WSU Nursing Uniforms through the required vendor as listed on the School of Nursing webpage under *Clinical Uniforms*. You will need to purchase hunter green scrubs with the School of Nursing insignia on the top. You may also purchase an optional hunter green long-sleeve warm-up jacket. Reference the website for instructions on how to order uniforms:

https://health-education-human-services.wright.edu/nursing-kinesiology-and-health-sciences/nursing-handbooks-and-requirements

Reference the same link to the **Student Handbook** for uniform guidelines:

- Uniforms must be clean and in good repair.
- Female students may purchase a skirt or pants uniform.
- The pants and skirts are to be of proper length and fit. If the student is wearing a skirt, the hemline is to be below the knee and worn with white hose.
 - Students who choose to wear ankle-length skirts must purchase the same hunter-green fabric directly from Landau. This will ensure that the color of skirt matches the uniform top.
- Shoes are to be white or black (minimal colored markings), made of leather or vinyl, not canvas.
 - Open toes or heels are not permitted.
 - It is preferred to wear white hose/socks with white shoes, black hose/socks with black shoes.
 - Shoestrings must be white for white shoes, black for black shoes.
 - Shoes are expected to be clean and in good repair and worn only for clinical experiences.
- Official Wright State University nursing student photo ID must be worn on the right chest area.
 - This ID can be purchased on campus at Wright 1 Card Services at Raider Connect: https://www.wright.edu/raiderconnect/accounts-and-bills/wright1-card

