B.S. Ed. Sports Science

WRIGHT STATE UNIVERSITY

Health & Fitness Concentration College of Health, Education, & Human Services

wright.edu/cheh

Please note this is a sample plan to provide an idea of what courses you may take each semester. It is important that you work with your Academic Advisor to create a plan that is specific to you.

Fall One	Credits	Spring One	Credits
ATH 2500 Intro to Cultural Anthro for Healthcare	3	BIO 1070 Health and Disease	4
Professionals (MC)			
BIO 1010 Medical Terminology	3	BIO 1070L Health and Disease Lab	0
ENG 1100 Academic Writing and Reading	3	CHM 1210 General Chemistry I	3
KNH 2410 Introduction to Kinesiology and Health	3	CHM 1210L General Chemistry I Lab	2
Core: Social Science I	3	HED 1230 Personal Health	3
		Core: Global Traditions History	3
Total Hours	15	Total Hours	15
Fall Two	Credits	Spring Two	Credits
ENG 2100 Research Writing and Argumentation	3	HED 2340 Health Behaviors	3
KNH 2500 Basic Anatomy and Physiology	4	HPR 2120 Adapted Physical Education and Recreation	3
KNH 2840 Practicum	1	HPR 2430 Motor Development and Learning	4
Core: Mathematics	4	PHY 2460 Concepts in Physics for Middle Childhood Education	3.5
Core: Arts and Humanities	3	SW 2720 Multicultural Competence in a Diverse World (IW, MC)	3
Total Hours	15	Total Hours	18.5
Fall Three	Credits	Spring Three	Credits
ATR 3020 Strength and Conditioning	3	ATR 3030 Therapeutic Exercise	3
KNH 2530 Kinesiology	3	KNH 2540 Psychology of Sport	3
KNH 2550 Applied Exercise Physiology	3	KNH 2600 First Aid and CPR	2
KNH 2620 Nutrition for Fitness and Sport	3	KNH 4110 Fitness Assessment and Programming (IW)	3
Elective: Choose from list	3	Elective: Choose from list	3
		Elective: Choose from list	3
Total Hours	15	Total Hours	17
Fall Four	Credits	Spring Four	Credits
KNH 4550 Internship Seminar in Sports Science	1	ATR 4820 Exercise and Sport Pharmacology	3
KNH 4840 Internship	12	HED 4570 Health and Fitness for Chronic Disease and Disorders (IW)	3
		Elective: Choose from list	3
		Elective: Choose from list	3
		Elective: Choose from list	3
Total Hours	13	Total Hours	15