

FENCING: COMPETITIVE KNH 1220

INSTRUCTOR:	Gregory Paquette	OFFICE HRS:	By appointment only
OFFICE:	316 Nutter Center	EMAIL:	Gregory.Paquette@wright.edu
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ATTENDANCE COMPETENCY:

Attendance is defined as active participation in the class.

RESEARCH PAPER:

A research paper on changing fencing trends, fencing theory or aspects of Olympic fencing (historical to present day) is required. Instructor will give specific instructions at the first class.

Prior approval of topic in writing by instructor is REQUIRED!

CELL PHONE POLICY:

Please turn off all cell phones during class. Phoning, texting, etc. will not be tolerated.

ACCOMMODATION FOR DISABILITIES Students with a disability who may need accommodations to complete the requirements of the class must register with the Office of Disabilities Services, and arrange to meet with his or her professor during the first week of the class.

ATTIRE:

The proper attire consists of a t-shirt and sweatpants (or similar clothing) and athletic shoes. Inappropriately dressed students will not be able to participate in class and will be assessed a tardy. **SHORTS ARE NOT ALLOWED!**

SPECIAL NOTE:

Students will be responsible for the cost of the second blade if two blades are broken in one class session.

GRADING CRITERIA:

1. KNH guidelines require at least 80% attendance rate for passing a course. Attendance will be taken each period.
2. 5 page to 10 page paper due no later than the last week of class.

SUMMARY OF REQUIREMENTS:

Attendance: 80%

Reflective Paper: 80%

WEEK ONE: Introduction of class, footwork and distance drills,
Fencer Self-assessment and self-development, open fencing

WEEK TWO: coordinating footwork with blade actions, evaluation of primary and
secondary weapon's skills, open fencing

WEEK THREE: advantage of simple attacks, varying the tempo of your attack,
open fencing

WEEK FOUR: Tournament Preparation, open fencing

WEEK FIVE: Strategy and tactics at the strip, open fencing

WEEK SIX: compound attacks, when to use them to your advantage, open fencing

WEEK SEVEN: Strength and conditioning, sustaining competitive form, open fencing.
Research paper is due.

**All lessons will begin with foil as the primary weapon and may
continue to sabré and épée at instructor discretion.**