

**The "Feelie Hearts" Movement!!!**  
**POWER OF NURSING: "Embracing the Healer's Art"**



During the second session of the five session *Power of Nursing* course, nursing students experience a moment that makes a difference. As students break into small groups to share their personal stories of vulnerability, loss and healing; a basket filled with small, fuzzy, multicolored "feelie hearts" is passed around the room. "Feelie hearts" are about 2-3 inches and can easily fit in a lab coat or scrub pocket. Each little heart is handmade by volunteers and reminds us that the human heart is soft, tender and worthy of care.

The "Feelie Heart" is a symbolic gift that generations of students and faculty taking the *Power of Nursing & Healer's Art* course have found both meaningful and valuable. Nursing and medical students are invited to take a "Feelie Heart" and carry it with them as a reminder to hold their own hearts and the hearts of colleagues, patients and their families with tenderness. Across the country, nursing students, medical students and faculty who take the course cherish this small heart that reminds us of our shared humanity.

For information about the *Power of Nursing* (PON) at WSU College of Nursing and Health, contact Dr. Rosemary Eustace, Associate Professor and PON Course Director at [rosemary.eustace@wright.edu](mailto:rosemary.eustace@wright.edu)

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